Your Personalized Aging In Place Home Assessment

Dear Ilene Blumberg,
Congratulations on completing your Home Safety Assessment! Based on the observations and responses provided, we have compiled a detailed list of recommendations for your consideration. Please carefully review each of the sections below for ideas on how you can improve this home's safety, accessibility and universal livability.

Property Address

7 Slade Ave
Suite 516
Baltimore, MD 21208
United States

Date of Birth

Community Information

- No answer to: Home's distance to public transportation?
- No answer to: Home's distance to doctors offices/hospitals?
- No answer to: Home's distance from Social engagement? (ie. Church, community center, family)?
- No answer to: Home's distance to restaurants/food delivery?

Community Notes

Tiffany driving

General Home Information

Type of Residence: Apartment/Condo
- No answer to: Year Built

Do you own the residence? Yes
- [x] Primary bedroom is on the main level.
- [x] There is a second bedroom available for caregiver.
- [x] There is a full bathroom on the main level.
- [x] The kitchen is on the main level.
- [x] The washer/dryer is on the main level.
- [x] There are working CO/smoke detectors that can be heard by all residents on all levels per building codes.
- No answer to: Working weather radios that can be heard by all residents on all levels per building codes?
- [x] The home does have internet access.
- No answer to: General Home Information Notes

Primary Entrance

- ✅ Stairs are not required for the primary entrance.
- ✅ There is room for an exterior ramp leading up to the primary entrance.
- — No answer to: Is there space available for an external vertical lift / chair lift?
- ✅ The doorbell/knocker/smart doorbell can be heard throughout home.
- ✅ The door handle is lever style and functioning.
- ✅ The width of the door frame is greater than or equal to 32 in (81 cm).
- — No answer to: Primary Entrance Notes

Entryway & Hall

- — No answer to: Lighting
- — No answer to: Is there a motion sensor light/night light available?
- — No answer to: Flooring type
- — No answer to: Is the flooring uniform and free from damage?
- — No answer to: Are there any area/throw rugs in the room?
- — No answer to: Is movement through hallway unobstructed?
- — No answer to: Width of hallway
- — No answer to: Are the light switch(es) rocker-type?
- — No answer to: Is there a light switch near entrance?
- — No answer to: Entryway & Hall Notes

Living Room

- ❗ The flooring type currently in place in the living room (hardwood, bamboo, laminate or linoleum) provides water resistance and maneuverability but can be slippery and provides very little cushion from falls. Consider installing flooring type that will minimize slip fall dangers and provide some cushion from falls. Low pile height carpet or vinyl plank/cork flooring are excellent choices for the living room.
- ✅ The flooring is uniform and free from damage.
- ⚠️ All rugs should be removed if possible. If necessary, rugs can be secured with double sided tape or grippers and pads but can still create a trip/fall hazard.
- ✅ Movement through the hallway is unobstructed.
- ✅ There are no electrical or other cords in the walking area.
- ✅ There are no steps up/down to enter the living room.
- — No answer to: Raised threshold
- — No answer to: Lighting
- — No answer to: Is there a motion sensor light/night light available?
- — No answer to: Width of door frame
- — No answer to: Are the light switch(es) rocker-type?
- — No answer to: Is there a light switch near room entrance?
- — No answer to: Living Room Notes

Kitchen

- ⚠️ The flooring type currently in place in the kitchen (stone, glass, tile, concrete), while good for water resistance and easy cleaning, can be a dangerous surface to walk on, especially when wet. Consider installing a flooring type that will minimize trip/slip/fall dangers, provide comfort, easy maneuverability and some cushion from falls. Water resistant vinyl plank flooring is an excellent choice for the kitchen. If replacing the flooring is not an option, consider applying an anti-slip coating.
- ✅ The flooring is uniform and free from damage.
- ✅ There are no area/throw rugs in the room.
- ✅ Movement through the room is unobstructed.

- There are no electrical or other cords in the walking area.
- Multiple countertop heights are available.
- There is a single lever handle or touch control faucet.
- Fire suppression should be easy to locate and charged.
- Consider adding at least one additional type of light source (natural, ambient or task) to the room.
- Consider installing motion activated or automatic night lights to improve lighting when entering a dark house.
- Cabinets and shelves are accessible with adequate storage space.
- Countertop corners and edges are rounded.
- ADA compliant doors for wheelchair accessibility should be a minimum width of 32 in/81 cm. Widen doorway at primary entrance for wheelchair accessibility.
- Consider replacing light switches with rocker style switches which require less hand pressure to operate.
- There is a light switch near the entrance of the room.
- No answer to: Kitchen Notes

Primary Bedroom

- The flooring type currently in place in the primary bedroom (carpet) provides maneuverability, and can prevent slipping and provides cushion from falls.
- Damaged flooring was observed in the primary bedroom. Rips, tears, fraying and bumps in carpet and loose tiles or boards can be a trip/fall hazard. Consider replacing the flooring or repairing the damaged areas.
- There are no area/throw rugs in the room.
- Rearrange furniture, décor and remove clutter to create open walking pathways and clear space in the room. ADA defines sufficient clear space as an area at least 48 in/122 cm by 30 in/76 cm.
- There are no electrical or other cords in the walking area.
- The primary bedroom threshold is raised and poses a trip/fall hazard. Consider Installing beveled or no trip thresholds or adding color contrast so it is visible and tripping can be avoided.
- There are three types of lighting available.
- There is a motion sensor light/night light available.
- ADA compliant doors for wheelchair accessibility should be a minimum width of 32 in/82 cm. Widen doorway at primary entrance for wheelchair accessibility.
- Consider replacing light switches with rocker style switches which require less hand pressure to operate.
- There is a light switch near the entrance of the room.
- Consider updating door hardware to an easy to open lever style handle.
- No answer to: Primary Bedroom Notes

Primary Bathroom

- The flooring type currently in place in the primary bathroom (stone, glass, tile, concrete), while good for water resistance and easy cleaning, can be a dangerous surface to walk on, especially when wet or in sock covered feet. Consider installing a flooring type that will minimize trip/slip/fall dangers, provide easy maneuverability, cushion from falls and water resistance. Water and slip resistant vinyl flooring is an excellent choice for the primary bathroom. If replacing the flooring is not an option, consider applying an anti-slip coating/paint.
- The flooring is uniform and free from damage.
- There are no area/throw rugs in the room.
- There is a motion sensor light/night light available.
- There are grab bars installed at appropriate places in/near shower/bathtub.
- There are grab bars installed at an appropriate place near toilet.
- Shower/tub surface is non-slip.
- The bath/shower handle is a single lever handle faucet.
- Sink(s) handle is a single lever handle faucet.
- Movement through the room is unobstructed.
- There are no electrical or other cords in the walking area.

- The threshold is not raised.
- Consider adding at least one additional type of light source (natural, ambient or task) to the room.
- Countertop corners and edges are rounded.
- The toilet seat is between 17 in/43 cm and 19 in/48 cm from the floor.
- The primary bathroom has a stand alone shower as the only option for cleaning. The step to enter the shower may be difficult as we age and presents a slip/trip/fall hazard when entering and exiting. Consider installing a curbless shower or walk-in tub/shower combo. Minimum safety improvements should include a shower seat, adjustable shower head, improved traction on the floor and grab bars near the shower exit.
- There is a shower bath/seat/chair seat available.
- The shower head is handheld and adjustable.
- ADA compliant doors for wheelchair accessibility should be a minimum width of 32 in/81 cm. Widen doorway at primary entrance for wheelchair accessibility.
- Consider replacing light switches with rocker style switches which require less hand pressure to operate.
- There is a light switch near the entrance of the room.
- Consider updating door hardware to an easy to open lever style handle.
- No answer to: Primary Bathroom Notes

Laundry

- No answer to: Washer/dryer controls easy to reach?
- No answer to: Washer/dryer front loading?
- No answer to: Washer/dryer raised for accessibility?
- No answer to: Laundry Notes

Interior Stairs

- No answer to: Stairs have at least one handrail?
- No answer to: Flooring Type
- No answer to: Stair tread flooring secure and free of damage or obstructions?
- No answer to: Stair lighting available?
- No answer to: Are there handrails on both sides at an appropriate height?
- No answer to: Are handrails well anchored and continuous for the full length of the stairs?
- No answer to: Light switch at top and bottom of stairs?
- No answer to: Is there a stair lift?
- No answer to: Is there room for a stair lift if needed?
- No answer to: Interior Stairs Notes

Exterior

- No answer to: Number of stepless entrances?
- No answer to: Is the house number on the front of the house and visible from the road?
- No answer to: Does pathway leading to the entrance have any slip/trip/fall hazards?
- No answer to: Is the exterior around the entrance well lit?
- No answer to: Low maintenance exterior (siding, brick, stone)?
- No answer to: Low maintenance exterior (lawn and landscaping)?
- No answer to: Low maintenance exterior (gutters)?
- No answer to: Does landscape interfere with pathways to entrance?
- No answer to: Is there a covered area between the vehicle parking and the home entrance (carport/garage)?
- No answer to: Does porch or deck have any trip/slip/fall hazards?
- No answer to: Exterior Notes

Garage

- No answer to: Fire extinguisher within easy reach and charged?
- No answer to: Movement through garage unobstructed?
- No answer to: Does the garage floor have any cracks or uneven surfaces?
- No answer to: Motion sensor light/night light available?
- No answer to: Garage Notes

Properly and professionally implementing the recommended home modifications listed above can improve the safety, accessibility and universal livability of your home. However, your home's condition is not the only factor to consider when determining aging in place viability. Physical & mental health, financial stability, proximity to goods & services and required health care needs are all areas that must be carefully considered before making the commitment to modify a home for long term livability. Please feel free to contact us for additional resources about aging in place.

Sincerely,

Home Safe Home
410-394-8955

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